



**SUPPORTING CHILDREN
WITH MEDICAL
CONDITIONS POLICY**

September 2020

Supporting Children with Medical Conditions Policy

Our School Aims

To ensure that all children with medical conditions, in terms of both physical and mental health, are properly supported in school so that they can play a full and active role in school life, remain healthy and achieve their academic potential.

Pupils with long-term and complex medical conditions may require ongoing support, medicines or care while at school to help them manage their condition and keep them well. Others may require monitoring and interventions in emergency circumstances.

In addition to the educational impacts, there are social and emotional implications associated with medical conditions. Children may be self-conscious about their condition and some may be bullied or develop emotional disorders such as anxiety or depression. Long-term absences due to health problems affect children's educational attainment, impact on their ability to integrate with their peers and affect their general wellbeing and emotional health. Reintegration back into school should be properly supported so that children with medical conditions fully engage with learning and do not fall behind when they are unable to attend. Short-term and frequent absences, including those for appointments connected with a pupil's medical condition, also need to be effectively managed and appropriate support put in place to limit the impact on the child's educational attainment and emotional and general wellbeing.

Some children with medical needs may be considered to be disabled under the definition set out in the Equality Act 2010 and in this case, governors must comply with their duties under that Act. Some may also have special educational needs, some of whom may require an Education Health and Care Plan (EHCP). These children are also covered by the Special educational needs and disability (SEND) Code of Practice 2014.

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This policy is written with regard to:

- i. Supporting pupils at school with medical conditions, DfE (August 2017)
- ii. Guidance on the use of emergency salbutamol inhalers in schools (March 2015)
- iii. Diabetes UK document 'Children with diabetes in school'
- iv. Epilepsy Action's document 'Epilepsy policy for schools'
- v. Young Epilepsy's model policies for schools
- vi. Supporting pupils with medical conditions- Surrey guidance January 2020

1. Children and Families Act 2014

Section 100 of the Children and Families Act 2014 includes a duty on schools to support children with medical conditions. Schools must make arrangements for supporting pupils at schools with medical conditions and in meeting that duty they must have regard to the statutory guidance issued by the Secretary of State in September 2014.

Burhill Primary School will ensure that children with medical conditions are well supported, and produce Individual Health Care Plans (IHCP) where appropriate.

2. Responsible Staff at Burhill Primary School

The SLT is responsible for ensuring that sufficient staff are suitably trained, organising appropriate cover arrangements and briefing any supply teachers.

The Inclusion Leader is responsible for liaising with relevant parties to write, implement and monitor Individual Health Care Plans (IHCPs), supporting the children and making sure that all relevant staff are aware of a child's needs. Where the child also has Special Educational Needs, this will also be the responsibility of the Inclusion Leader.

As a school we undertake risk assessments for school visits, residential trips, and other school activities outside of the normal timetable.

3. Procedure to be followed when a school is notified that a pupil has a medical condition

When we know of a child coming to or going from Burhill Primary School, we will liaise with the other school(s) to ensure arrangements are in place for the start of the relevant school term.

In other cases, such as a new diagnosis or children moving to a new school mid-term, we will make every effort to ensure that arrangements are put in place within two weeks.

Burhill School does not have to wait for a formal diagnosis before providing support to pupils. In cases where a pupil's medical condition is unclear, or where there is a difference of opinion, judgements will be needed about what support to provide based on the available evidence. This would normally involve some form of medical evidence and consultation with parents. Where evidence conflicts, some degree of challenge may be necessary to ensure that the right support can be put in place.

4. Individual healthcare plans (IHCP)

Individual healthcare plans can help to ensure that schools effectively support pupils with medical conditions. They provide clarity about what needs to be done, when and by whom. They will often be essential, such as in cases where conditions fluctuate or where there is a high risk that emergency intervention will be needed, and are likely to be helpful in the majority of other cases, especially where medical conditions are long-term and complex. However, not all children will require one.

The school, healthcare professional and parent should agree, based on evidence, when a healthcare plan would be inappropriate or disproportionate. If consensus cannot be reached, the headteacher is best placed to take a final view. A flow chart for identifying and agreeing the support a child needs and developing an individual healthcare plan is provided at Annex A.

The format of individual healthcare plans may vary in order to be effective for the specific needs of each pupil. They should be easily accessible to all who need to refer to them, while preserving confidentiality. Plans should not be a burden on a school, but should capture the key information and actions that are required to support the child effectively. The level of detail within plans will depend on the complexity of the child's condition and the degree of support needed. This is important because different children with the same health condition may require very different support.

Where a child has SEN but does not have a statement or EHC plan, their special educational needs should be mentioned in their individual healthcare plan.

Individual healthcare plans, (and their review), may be initiated, in consultation with the parent, by a member of school staff or a healthcare professional involved in providing care to the child. Plans should be drawn up in partnership between the school, parents, and a relevant healthcare professional, eg school, specialist or children's community nurse, who can best advise on the particular needs of the child. Pupils should also be involved whenever appropriate. The aim should be to capture the steps which a school should take to help the child manage their condition and overcome any potential barriers to getting the most from their education. Partners should agree who will take the lead in writing the plan, but responsibility for ensuring it is finalised and implemented rests with the school.

Plans are reviewed at least annually or earlier if evidence is presented that the child's needs have changed. They will be developed with the child's best interests in mind and ensure that the school assesses and manages risks to the child's education, health and social well-being and minimises disruption. Where the child has a special educational need identified in a statement or EHC plan, the individual healthcare plan should be linked to or become part of that statement or EHC plan.

Where a child is returning to school following a period of hospital education or alternative provision (including home tuition), schools should work with the local authority and education provider to ensure that the individual healthcare plan identifies the support the child will need to reintegrate effectively.

5. What does an IHCP include?

- information about the pupil's medical condition, its triggers, signs, symptoms and treatments;
- the pupil's resulting needs, including medication (dose, side-effects and storage) and other treatments, time, facilities, equipment, testing, access to food and drink where this is used to manage their condition, dietary requirements and environmental issues e.g. crowded corridors, travel time between lessons;
- specific support for the pupil's educational, social and emotional needs – for example, how absences will be managed, requirements for extra time to complete exams, use of rest periods or additional support in catching up with lessons, counselling sessions;
- the level of support needed, (some children will be able to take responsibility for their own health needs), including in emergencies. If a child is self-managing their medication, this should be clearly stated with appropriate arrangements for monitoring;
- who will provide this support, their training needs, expectations of their role and confirmation of proficiency to provide support for the child's medical condition from a healthcare professional; and cover arrangements for when they are unavailable;
- who in the school needs to be aware of the child's condition and the support required;
- arrangements for written permission from parents for medication to be administered by a member of staff, or self-administered by the pupil during school hours;
- separate arrangements or procedures required for school trips or other school activities outside of the normal school timetable that will ensure the child can participate, eg risk assessments;
- where confidentiality issues are raised by the parent/child, the designated individuals to be entrusted with information about the child's condition; and what to do in an emergency, including whom to contact, and contingency arrangements. Some children may have an emergency healthcare plan prepared by their lead clinician that could be used to inform development of their individual healthcare plan.

6. Roles and Responsibilities

Supporting a child with a medical condition during school hours is not the sole responsibility of one person. A school's ability to provide effective support will depend to an appreciable extent on working cooperatively with other agencies. Partnership working between school staff, healthcare professionals (and where appropriate, social care professionals), local authorities, and parents and pupils will be critical. An essential requirement for any policy therefore will be to identify collaborative working arrangements between all those involved, showing how they will work in partnership to ensure that the needs of pupils with medical conditions are met effectively.

Governing bodies - must make arrangements to support pupils with medical conditions in school, including making sure that a policy for supporting pupils with medical conditions in school is developed and implemented. They should ensure that a pupil with medical conditions is supported to enable the fullest participation possible in all aspects of school life. Governing bodies should ensure that sufficient staff have

received suitable training and are competent before they take on responsibility to support children with medical conditions. They should also ensure that any members of school staff who provide support to pupils with medical conditions are able to access information and other teaching support materials as needed.

Headteachers – should ensure that their school’s policy is developed and effectively implemented with partners. This includes ensuring that all staff are aware of the policy for supporting pupils with medical conditions and understand their role in its implementation. They should also make sure that school staff are appropriately insured and are aware that they are insured to support pupils in this way.

SLT should ensure that all staff who need to know are aware of the child’s condition. They should also ensure that sufficient trained numbers of staff are available to implement the policy and deliver against all individual healthcare plans, including in contingency and emergency situations. This may involve recruiting a member of staff for this purpose.

Inclusion leader has overall responsibility for the development of individual healthcare plans. They should contact the school nursing service in the case of any child who has a medical condition that may require support at school, but who has not yet been brought to the attention of the school nurse.

School staff - any member of school staff may be asked to provide support to pupils with medical conditions, including the administering of medicines, although they cannot be required to do so. Although administering medicines is not part of teachers’ professional duties, they should take into account the needs of pupils with medical conditions that they teach. School staff should receive sufficient and suitable training and achieve the necessary level of competency before they take on responsibility to support children with medical conditions. Any member of school staff should know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

School nurses - every school has access to school nursing services. They are responsible for notifying the school when a child has been identified as having a medical condition which will require support in school. Wherever possible, they should do this before the child starts at the school. They would not usually have an extensive role in ensuring that schools are taking appropriate steps to support children with medical conditions, but may support staff on implementing a child’s individual healthcare plan and provide advice and liaison, for example on training. School nurses can liaise with lead clinicians locally on appropriate support for the child and associated staff training needs – for example there are good models of local specialist nursing teams offering training to local school staff, hosted by a local school. Community nursing teams will also be a valuable potential resource for a school seeking advice and support in relation to children with a medical condition. See also section 7 below about training for school staff.

Other healthcare professionals, including GPs and paediatricians - should notify the school nurse when a child has been identified as having a medical condition that will require support at school. They may provide advice on developing healthcare plans. Specialist local health teams may be able to provide support in schools for children with particular conditions (e.g. asthma, diabetes).

Pupils – with medical conditions will often be best placed to provide information about how their condition affects them. They should be fully involved in discussions about their medical support needs and contribute as much as possible to the development of, and comply with, their individual healthcare plan. Other pupils will often be sensitive to the needs of those with medical conditions.

Parents – should provide the school with sufficient and up-to-date information about their child’s medical needs. They may in some cases be the first to notify the school that their child has a medical condition. Parents are key partners and should be involved in the development and review of their child’s individual healthcare plan, and may be involved in its drafting. They should carry out any action they have agreed to as part of its implementation, e.g. provide medicines and equipment and ensure they or another nominated adult are contactable at all times.

Local authorities – are commissioners of school nurses for maintained schools and academies. Under Section 10 of the Children Act 2004, they have a duty to promote co-operation between relevant partners – such as governing bodies of maintained schools, proprietors of academies, clinical commissioning groups and NHS England – with a view to improving the wellbeing of children with regard to their physical and mental health,

and their education, training and recreation. Local authorities and clinical commissioning groups (CCGs) **must** make joint commissioning arrangements for education, health and care provision for children and young people with SEN or disabilities (Section 26 of the Children and Families Act 2014). Local authorities should provide support, advice and guidance, including suitable training for school staff, to ensure that the support specified within individual healthcare plans can be delivered effectively. Local authorities should work with schools to support pupils with medical conditions to attend full-time. Where pupils would not receive a suitable education in a mainstream school because of their health needs, the local authority has a duty to make other arrangements. Statutory guidance for local authorities health needs sets out that they should be ready to make arrangements under this duty when it is clear that a child will be away from school for 15 days or more because of 9 (whether consecutive or cumulative across the school year)

Clinical commissioning groups (CCGs) and other healthcare professionals such as specialist nurses- They should ensure that commissioning is responsive to children's needs, and that health services are able to co-operate with schools supporting children with medical conditions. They have a reciprocal duty to co-operate under Section 10 of the Children Act 2004 and **must** make joint commissioning arrangements for education, health and care provision for children and young people with SEN or disabilities (as described above for local authorities). Clinical commissioning groups should be responsive to local authorities and schools seeking to strengthen links between health services and schools, and consider how to encourage health services in providing support and advice (and can help with any potential issues or obstacles in relation to this). The local Health and Wellbeing Board will also provide a forum for local authorities and CCGs to consider with other partners, including locally elected representatives, how to strengthen links between education, health and care settings. Since 2013 Local Authorities have been responsible for commissioning public health services for school-aged children including school nursing. CCGs should be aware that this does not include clinical support for children in schools who have long-term conditions and disabilities, which remains a CCG commissioning responsibility. Children in special schools in particular may need care which falls outside the remit of local authority commissioned school nurses, such as gastrostomy and tracheostomy care, or postural support. CCGs should ensure their commissioning arrangements are adequate to provide the ongoing support essential to the safety of these vulnerable children whilst in school.

Providers of health services-should co-operate with schools that are supporting children with a medical condition, including appropriate communication, liaison with school nurses and other healthcare professionals such as specialist and children's community nurses, as well as participating in locally developed outreach and training. Health services can provide valuable support, information, advice and guidance to schools, and their staff, to support children with medical conditions at school.

Ofsted - Inspectors must consider how well a school meets the needs of the full range of pupils, including those with medical conditions. Key judgements will be informed by the progress and achievement of these children alongside those of pupils with special educational needs and disabilities, and also by pupils' spiritual, moral, social and cultural development.

7. Staff training and support

Staff will be supported in carrying out their role to support pupils with medical conditions through appropriate training as identified in the IHCP, and receive emotional support from line managers. Support to staff will be reviewed by the Inclusion Leader and SLT at regular intervals, including IHCP reviews, training dates, appraisal reviews and more informally on an ongoing basis.

Training needs for staff will be identified during the development or review of individual healthcare plans. They will be reviewed in line with IHCP reviews, or sooner should a child have a change of diagnosis and need, or should the staff member feel additional training in a key area would support them. Staff with existing knowledge of the specific support needed by a child with a medical condition may not require extensive training. Staff who provide support to pupils with medical conditions will be included in meetings where this is discussed.

The school will hold whole school awareness training so that all staff are aware of the school's policy for supporting pupils with medical conditions and their role in implementing that policy (this may be delivered separately to teachers and teaching assistants/ lunchtime staff/ support staff).

Medical awareness training will be included in induction arrangements.

The relevant healthcare professional should be able to advise on training that will help ensure that all medical conditions affecting pupils in the school are understood fully. This includes preventative and emergency measures so that staff can recognise and act quickly when a problem occurs.

8. The child's role in managing their own medical needs

After discussion with parents, children who are competent should be encouraged to take responsibility for managing their own medicines and procedures. This will be reflected within the child's IHCP.

A competent child should be allowed, where possible, to carry their own medicines and relevant devices to access their medicines for self-medication quickly and easily. They may require an appropriate level of supervision. If it is not appropriate for a child to self-manage, relevant staff should help to administer medicines and manage procedures for them.

If a child refuses to take medicine or carry out a necessary procedure, staff will not force them to do so, but follow the procedure identified in the IHCP. Parents will be informed so that alternative options can be considered.

9. Managing medicines and record keeping

Medication is not normally administered in school. Where possible parents/guardians should ask their doctor for medication which can be taken outside of school hours. However, in certain circumstances and following agreement by the school, parents/guardians may come in during the school day and administer medication to their own children.

As a guide, when children are prescribed antibiotics three times a day they can be administered before school, after school and before going to bed. In some circumstances a child may be fit or well enough to attend school. Over the counter products may not be brought into school. This includes throat lozenges, Tunes and cough sweets.

9.1 Exceptions

In exceptional circumstances the teaching staff will administer medications, for example Ritalin and Concerta to support children with ADHD, antihistamine for children who suffer from acute hay fever.

In these circumstances parents/guardians are required to:

- Provide full details of any medication requirements and ensure medicines supplied to the school do not exceed their expiry date.
- Medicines should always be provided in the original container as dispensed by a pharmacist and include the prescriber's instructions for administration. The school will not accept medicines that have been taken out of the container as originally dispensed nor make changes to dosages on parental instructions.
- Deliver medicines directly to the class teacher or SLT member on the school gate. **Children should not be asked to carry medicines into school.**
- Ensure the school has two telephone number where you can be contacted in an emergency.

Travel Sickness

Medication for travel sickness for use on educational visits should be given to the class teacher or party leader accompanied by written permission.

Inhalers

The children are encouraged to have full responsibility for their inhalers. They are encouraged to act independently and have easy access to them. *See also section 12 on Asthma*

EpiPens

Staff receive training in the use of EpiPens. Parents are requested to supply two EpiPens to the school. The EpiPens are stored, clearly labelled with the child's name, in both the child's class and the school office. The EpiPens accompany the children on trips outside the school. Individual protocols are held by class teachers.

9.2 Storage of medications

All medication is kept in a dedicated lockable cupboard within the classrooms. Medication required to be kept cool is stored in a fridge situated in the admin kitchen.

9.3 Record keeping

All medication administered by school staff is recorded on the medical form, in the purple folder and situated in the lockable teacher cupboard in classrooms and recorded on CPOMs.

9.4 Responsibilities

It is important that the school, staff, parents/guardians and children have a clear understanding of their individual responsibilities with regard to administration.

The child

Children are expected to exercise good responsibility and remember to visit the school office at the right time for any medication they need.

Parents / guardians

Parents / guardians are requested to adhere to this policy and understand the nature of the school's responsibilities in this area. Generally speaking, the administration of medicines is the responsibility of the parents. Parents/guardians should collect medicines held at school at the end of each term. Parents are responsible for ensuring medicines do not exceed their expiry date and for disposing of any date-expired medicines. If there are any special religious and/or cultural beliefs which may affect any medical care that the child needs, particularly in the event of an emergency, it is the responsibility of the parent to inform the school and confirm this in writing.

Staff

Teachers should take the same care that a reasonable, responsible and careful parent would take in similar circumstances, while they are responsible for the care and control of children. In all circumstances, particularly in emergencies, teachers and other staff are expected to use their best endeavours. The consequences of taking no action are likely to be more serious than those of trying to assist in an emergency. Teachers' conditions of employment do not include giving medication or supervising a pupil taking it.

The school

The school takes this aspect of policy very seriously. It encourages good attendance of children whilst recognising that a variety of health related issues can require either medical intervention, and/or the need for a child to remain at home.

The school cannot be expected to take responsibility for any other non-prescribed medicines which may be brought into school to help with minor ailments.

The school has responsibility for making sure that staff have appropriate training to support children with medical needs.

10. Emergency procedures

Governing bodies should ensure that the school's policy sets out what should happen in an emergency situation. As part of general risk management processes, all schools should have arrangements in place for dealing with emergencies.

Where a child has an individual healthcare plan, this should clearly define what constitutes an emergency and explain what to do, including ensuring that all relevant staff are aware of emergency symptoms and procedures. Other pupils in the school should know what to do in general terms, such as informing a teacher immediately if they think help is needed.

If a child needs to be taken to hospital, staff should stay with the child until the parent arrives, or accompany a child taken to hospital by ambulance.

11. Day trips, residential visits and sporting activities

At Burhill School, pupils with medical conditions should participate fully in school trips and visits, or in sporting activities. Teachers should be aware of how a child's medical condition will impact on their participation, but there should be enough flexibility for all children to participate according to their own abilities and with any reasonable adjustments. Burhill will make arrangements for the inclusion of pupils in such activities with any adjustments as required unless evidence from a clinician such as a GP states that this is not possible.

Burhill will consider what reasonable adjustments we might make to enable children with medical needs to participate fully and safely on visits. As part of our commitment to best practice, we carry out a risk assessment so that planning arrangements take account of any steps needed to ensure that pupils with medical conditions are included. This will require consultation with parents and pupils and advice from the relevant healthcare professional to ensure that pupils can participate safely.

12. Asthma

Burhill Primary School is committed to fully meeting the needs of pupils who have asthma, keeping them safe, ensuring they achieve to their full potential, and are fully included in school life.

Asthma is treated with high priority at Burhill Primary School. Each class displays information with regard to how to recognise an asthma attack and what to do in the event of an asthma attack, including emergencies.

12.1 Asthma attack protocol

Our asthma protocol follows government guidance from 'Guidance on use of emergency salbutamol inhalers in schools' (March 2015) as below:

- Keep calm and reassure the child
- Encourage the child to sit up and slightly forward
- Use the child's own inhaler – if not available, use the emergency inhaler
- Remain with the child while the inhaler and spacer are brought to them
- Immediately help the child to take two separate puffs of salbutamol via the spacer
- If there is no immediate improvement, continue to give two puffs at a time every two minutes, up to a maximum of 10 puffs
- Stay calm and reassure the child. Stay with the child until they feel better. The child can return to school activities when they feel better
- If the child does not feel better or you are worried at ANYTIME before you have reached 10 puffs, CALL 999 FOR AN AMBULANCE
- If an ambulance does not arrive in 10 minutes give another 10 puffs in the same way

12.2 Use of emergency salbutamol inhaler in school

From 1st October 2014 the Human Medicines (Amendment) (No. 2) Regulations 2014 will allow schools to buy salbutamol inhalers, without a prescription, for use in emergencies.

The emergency salbutamol inhaler should only be used by children, for whom written parental consent for use of the emergency inhaler has been given, who have either been diagnosed with asthma and prescribed an inhaler, or who have been prescribed an inhaler as reliever medication.

The inhaler can be used if the pupil's prescribed inhaler is not available (for example, because it is broken, or empty, or in case of whole school evacuation).

Keeping an inhaler for emergency use will have many benefits. It could prevent an unnecessary and traumatic trip to hospital for a child, and potentially save their life. Parents are likely to have greater peace of mind about

sending their child to school. Having a protocol that sets out how and when the inhaler should be used will also protect staff by ensuring they know what to do in the event of a child having an asthma attack.

Emergency salbutamol inhaler:

- arrangements for the supply, storage, care, and disposal of the inhaler and spacers are in line with the school's policy on supporting pupils with medical conditions section 9.
- the school has an asthma register of children in the school that have been diagnosed with asthma or prescribed a reliever inhaler, a copy of which will be kept with the emergency inhaler
- we will obtain written parental consent for use of the emergency inhaler to be included with the asthma register, and we will ensure that the emergency inhaler is only used by children with asthma with written parental consent for its use
- the school will provide appropriate support and training for staff in the use of the emergency inhaler in line with the school's wider policy on supporting pupils with medical conditions
- the school will keep a record of use of the emergency inhaler as required by *Supporting pupils* and inform parents or carers that their child has used the emergency inhaler (see Annex C)

The school will have at least two members of staff responsible for ensuring the protocol is followed. They will have responsibility for ensuring that:

- On a monthly basis the inhaler and spacers are present and in working order, and the inhaler has sufficient doses available
- Replacement inhalers are obtained when expiry dates approach
- Replacement spacers are available following use
- The plastic inhaler housing (which holds the canister) has been cleaned, dried and returned to storage following use, or that replacements are available if necessary
- To avoid the risk of cross-infection, the plastic spacer will not be re-used and can be sent home with the child for future personal use.

13. Diabetes

Burhill Primary School is committed to fully meeting the needs of pupils who have diabetes, keeping them safe, ensuring they achieve to their full potential, and are fully included in school life.

This policy refers to the management of Type 1 diabetes which is more commonly the type to be diagnosed in children of the age group attending this setting. Type-1 diabetes is a common life-long condition caused when the body does not produce insulin. If there is no insulin, the sugar simply stays in the blood. If left untreated high sugar levels cause damage to the kidneys, heart, eyes and nerve endings leading to damage to feet and hands.

Intensive diabetes management which involves multiple daily injection regimens and insulin pump therapy are increasingly being recommended for children of all ages. Due to the age and development, young children with diabetes may not have the skills or confidence to give their own injections or take responsibility for them. In order to ensure children, get the support they need to live a full school life, appropriate diabetes care and management from schools is crucial for the child's short and long term health and optimum academic performance.

13.1 Training

All school staff are made aware of the pupils who have diabetes and are wearing an insulin pump or who administer insulin via injection. General awareness raising training should be made available for all staff.

- School staff will ensure that a trained member of staff is available every school day to give or supervise the injection and will inform the child's parent/ carer immediately if a trained person is not available.
- Training on diabetes management will be provided for staff from a Children's Diabetes Nurse Specialist from Ashford/ St Peter's Hospital in conjunction with parents/carers and/or the school nurse. The Children's Diabetes Team will offer ongoing support and training as needed.
- Staff members who have agreed to give the lunchtime injection of insulin will have all practiced with an insulin pen and demonstrated their competence to the child's parent. Parents will continue to

attend until they indicate to school that they are ready to sign the health care agreement and share the responsibility with school.

13.2 Management of diabetes

The ability of a pupil to take responsibility for their diabetes will be entirely dependent upon their age, individual capabilities and level of understanding.

- Parents should provide the school with appropriate testing equipment/medication as required to manage the child's diabetes at school. They can choose to supply the school with equipment and note when extra supplies are required/expiry dates due or instead may send insulin and their injecting equipment to school in daily with the child. At a minimum this will include an insulin pen, a blood glucose monitor, testing strips, lancing device, lancets and disposable needles. A small sharps bin must be provided to the school which will be located in an appropriate place and handed back to parents to dispose of when full.
- Staff will check the child's blood glucose level before the lunchtime bolus of insulin is due. If the child is competent to do this as indicated from the parent/carer, the staff member will supervise. The child's hands should be clean in order to prevent incorrect blood glucose readings.
- Insulin injections will be administered according to the dose instructions given by parents and as detailed in the child's health care plan.
- After the insulin dose is given the child should go to lunch immediately as insulin can cause a child to have a hypoglycaemic episode if they have to wait in line for food.
- Staff should check with parents whether they wish their child to have certain foods if they are having school dinners. Parents should fill in a Special Dietary Request form which will then be passed to the school office. The office will liaise with the catering team to design an appropriate menu, which will be sent home to parents in advance.
- Younger pupils having packed lunch should be supervised to ensure that food provided by parents is eaten and that children do not swap items.
- Blood glucose tests may be conducted at other times of the day, for example before PE or at times where the child or staff member reports symptoms of low blood sugar levels.
- If the child has a hypoglycaemic episode (blood glucose reading is less than 4mmol) just before lunch, the child will usually require a fast acting sugar treatment as documented in health care plan. The lunchtime injection will in this case be given after lunch has been eaten where a full recovery from the event has occurred.
- High blood glucose levels (above 14 mmols) or if the child feels unwell need to be reported to parent(s)/carer immediately. The diabetes team should be contacted if unable to contact parent/carer.
- Parents will provide a 'hypo' box of appropriate treatment snacks to give to their child in the event of a hypoglycaemic episode and a detailed treatment plan.
- Parents should ensure their child has access to fast acting sugar eg. Glucose tablets, on their child's person at all times. Parents may wish to also put snacks into their child's book bag.
- Staff will allow a diabetic child to have access to their sugar treatment at anytime during lessons.
- Treats are sometimes given out at a child's birthday. The child's teacher will pass the treat they have received directly onto the parent of younger children at the end of the school day. Older children who are responsible in managing their condition should understand what this entails.
- A child who reports feeling low will be tested in situ and the treatment plan put into action. The child will be accompanied at all times. Once treated and the blood glucose have returned to normal levels, the child can continue with whatever they were doing, even physical activity.
- Some children will know when they are going hypo and will be able to take appropriate action themselves eg glucose tablets, but others, especially younger ones, those newly diagnosed or with learning difficulties may need help in recognising and treating their hypoglycaemic episode.
- Staff shall be aware that diabetic pupils should not be detained in class over either break time or lunch time without access to food and blood testing kit.
- All school staff should be aware of the signs of a hypoglycaemic episode and what to do should a child have a hypo. The signs can be different for each child and the child or their parent/carer can tell staff what their warning signs are.
- These should be noted in the child's individual healthcare plan. In the unlikely event of a child losing consciousness, a child will not be given anything by mouth. The child will be placed in the recovery position (lying on their side with the head tilted back). An ambulance will be called, informing them the child has diabetes.

- If the child is unwell, their blood glucose levels may rise. This can happen even if the child just has a cold. High blood glucose levels may cause them to be thirsty, with the need to go to the loo more frequently. If teaching staff notice this during the day, they should report it to the child's parents/carers so the necessary adjustments can be made to the insulin dose.
- As the child grows insulin regimes may need to be altered. At this point the healthcare plan should be updated. Parents/carers are responsible for informing the school about changes to their child's diabetes management.
- During school trips the child should take their insulin and injection kit for a lunchtime injection and appropriate extra food/snacks in case of delays. If the child cannot do their own injections/manage their pump and/or check their own blood glucose levels, this will need to be done by a member of staff. Staff should meet with the child's parent/carer well in advance of the trip to discuss what help is required and who will assist. While away, should any medical equipment have been lost, staff will contact the paediatric department or Accident and Emergency department at the nearest hospital, who will be able to help.

13.3 Insulin pumps

- An insulin pump delivers a small amount of insulin around the clock via a thin flexible tube. The tube is connected to a cannula, which is inserted just under the skin. The cannula can usually stay in place for 2-3 days so should not need changing at school unless it becomes dislodged or blocked.
- When the child eats, or if their blood glucose level is high, they will need to take extra insulin and will do this by pressing a combination of buttons on the pump.
- Pumps may need to be removed for contact sports and swimming.
- Younger children, those new to a pump or those with learning difficulties may need help with using their pump. Appropriate training from the Children's Diabetes Nurse Specialist in conjunction with parents/carers will be sought as appropriate.

13.4 Physical Activity

Being physically active is an important part of diabetes management. Preparations are needed because activity, such as swimming, football, running and athletics, uses up glucose. If the child does not eat enough before starting an activity, their blood glucose level may fall too low and they will experience a hypoglycaemic episode. Also, if their blood glucose level is high prior to getting active, physical activity may make it rise even higher.

- Before, during and after activities, the child may at times need to check their blood glucose level carefully and must make sure they have a good fluid intake.
- Teachers in charge of P.E. lessons, in particular, should be aware of the need to ensure that glucose tablets or a sugary drink are available nearby in case the need arises. On no account will the child be left alone, neither should they be sent off to get food from elsewhere.
- The child's parent/carer will advise on any specific preparations required for physical activities. Diabetes should not be an excuse for opting out of school activities. If this does happen regularly, staff will speak to their parent/carer to find out more about the individual situation.

14. Epilepsy

Burhill Primary School is committed to fully meeting the needs of pupils who have epilepsy, keeping them safe, ensuring they achieve to their full potential, and are fully included in school life.

We will ensure at least one member of staff has training in epilepsy and supporting children who have epilepsy in school medically, socially and academically. That person will lead on ensuring that the epilepsy policy is followed.

We will ensure that all pupils who have epilepsy achieve to their full potential by:

- Keeping careful and appropriate records of students who have epilepsy
- Recording any changes in behaviour or levels / rates of achievement, as these could be due to the pupil's epilepsy or medication
- Closely monitoring whether the pupil is achieving to their full potential
- Tackling any problems early
- Letting parents know what is going on in school

- Asking for information about a pupil's healthcare, so that we can fully meet their medical needs and complete a comprehensive IHCP
- Asking for information about if or how the pupil's epilepsy and medication affect their concentration and ability to learn
- Informing parents and health professionals (with the parent's permission) of changes to the pupil's achievement, concentration, behaviour and seizure patterns.
- We will ensure that staff are epilepsy aware and know what to do if a pupil has a seizure
- If needed, there will be an appropriately trained member of staff available at all times to deliver emergency medication.

15. Unacceptable practice

Although school staff should use their discretion and judge each case on its merits with reference to the child's individual healthcare plan, it is not generally acceptable practice to:

- prevent children from easily accessing their inhalers and medication and administering their medication when and where necessary;
- assume that every child with the same condition requires the same treatment;
- ignore the views of the child or their parents; or ignore medical evidence or opinion, (although this may be challenged);
- send children with medical conditions home frequently or prevent them from staying for normal school activities, including lunch, unless this is specified in their individual healthcare plans;
- if the child becomes ill, send them to the school office or medical room unaccompanied or with someone unsuitable;
- penalise children for their attendance record if their absences are related to their medical condition eg hospital appointments;
- prevent pupils from drinking, eating or taking toilet or other breaks whenever they need to in order to manage their medical condition effectively;
- require parents, or otherwise make them feel obliged, to attend school to administer medication or provide medical support to their child, including with toileting issues. No parent should have to give up working because the school is failing to support their child's medical needs; or
- prevent children from participating, or create unnecessary barriers to children participating in any aspect of school life, including school trips, eg by requiring parents to accompany the child.

16. Liability and indemnity

Governing bodies should ensure that the appropriate level of insurance is in place and appropriately reflects the level of risk.

The School is insured under the Surrey County Council insurance policy with QBE Insurance (Europe) limited.

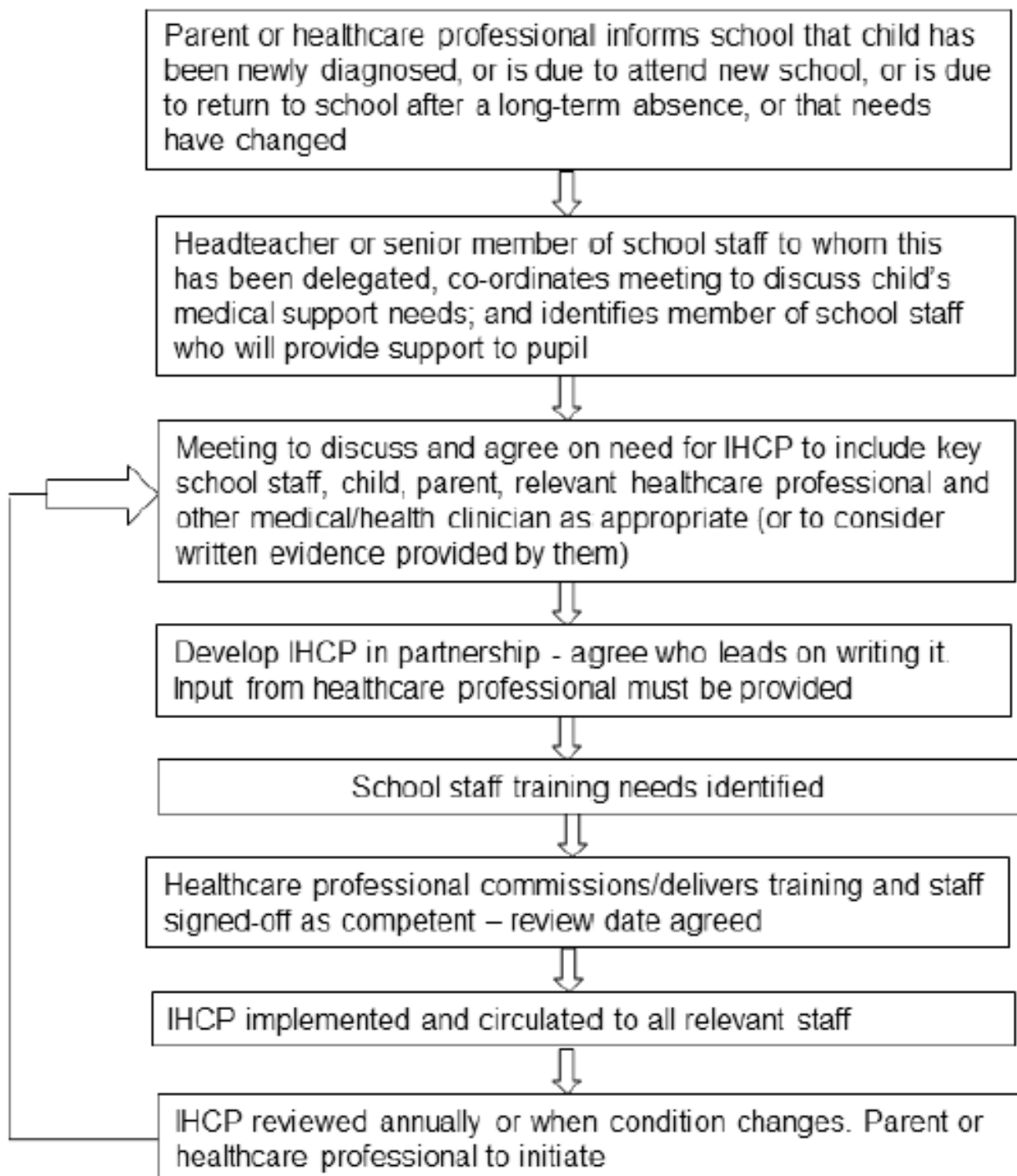
17. Complaints

- Should parents or pupils be dissatisfied with the support provided they should discuss their concerns directly with the school.
- If for whatever reason this does not resolve the issue, they may make a formal complaint via the school's complaints procedure.
- Making a formal complaint to the Department for Education should only occur if it comes within scope of section 496/497 of the Education Act 1996 and after other attempts at resolution have been exhausted.

Policy source: Supporting pupils with medical conditions, Surrey Guidance: January 2016

Status of Policy	Date
Written by	Gemma Adams/ Shona Waller July 2020
Policy reviewed	July 2021
Agreed by Staff	September 2021
Agreed by Governors	September 2021
Review	Annually

Annex A: Model process for developing individual healthcare plans



ANNEX B: PUPIL MEDICATION REQUEST

MEDICATION NOTIFICATION

BURHILL PRIMARY SCHOOL

To Teaching Assistant

Child's Name:

Class:

PLEASE TAKE THE ABOVE MENTIONED CHILD TO THE

OFFICE AT _____ (am/pm)

TO GIVE HIM/HER MEDICINE

This medicine needs to be given as follows:

*(Please indicate whether it is a single dose, as necessary, or daily until finished)

Signed:

Date:

PUPIL MEDICATION REQUEST

School Name:	BURHILL PRIMARY SCHOOL		
Address:	New Berry Lane, Hersham, Surrey KT12 4HQ		
Pupil's Name:			
Pupil's Class:			
Parent's Surname:			
Home Address:			
☎ Parent's Home:		☎ Work:	
GP Name:		☎ Surgery:	
Surgery Address:			
Condition or Illness:			

Please tick the appropriate box

My Child will be responsible for the self-administration of medicines as directed below.

I agree to members of staff administering medicines/providing treatment to my child as directed below.

I agree to update information about the child's medical needs held by the school.

I will ensure that the medicine held by the school has not exceeded its expiry date.

Signed _____

Date _____

(Parents/Guardian's signature)

Name of Medicine	Dose	Frequency/times	Completion date of course (if known)	Expiry date of Medicine
Special Instructions:				
Allergies:				
Other prescribed medicines child takes at home:				

NOTE: Where possible the need for medicines to be administered at school should be avoided. Parents are therefore requested to try to arrange the timing of doses accordingly.

ALLERGY AND ANAPHYLAXIS					
Treatment Plan					
This child is at risk of Anaphylaxis					
Pupil's Name:					
Date of Birth:	/	/	Current Year/Class:		
Local Hospital ☎:			G P ☎:		
(Name) _____ may suffer from an anaphylaxis reaction					
he/she is exposed to _____					
(Name) _____ also has (other medical conditions)					
His/her usual allergic symptoms are:-					
Procedures					
In the event of an acute allergic reaction, staff will follow this procedure:					
◆	Contact Ambulance Service - 999				
◆	One adult will inform the Headteacher immediately of action taken.				
◆	Then inform the following contact numbers in order of priority.				
Contact 1st - Name:					☎:
Relationship:					
Contact 2nd - Name:					☎:
Relationship:					
Contact 3rd - Name:					☎:
Relationship:					

Annex C – part 2

◆	One adult should stay with the child to assess the severity of symptoms and in case of			
	Itchiness		Vomiting	
	Tingling of lips and face.		Blotchiness of skin.	
	Tummy cramps.			

Give _____ (Oral Antihistamine) _____ ml at once

In cases of:	Wheeziness.	Difficulty in breathing/swallowing.
	Swelling of face and throat.	Feeling Faint

**Place child on floor in recovery position (Safe Airway Position)
Give Epipen injection to outer thigh
(this can be administered through light clothing).**

◆	If no breathing/pulse, initiate mouth to mouth resuscitation and cardiac massage (one breath to five chest compressions)
	If there is no improvement to above action within 10 minutes and there are symptoms of weakness/floppiness pallor then:

Repeat Epipen once more if 2nd Epipen is available

- ◆ Hand over child's care to Ambulance Team/Parents on their arrival.
- ◆ Dispose of Epipen in 'Sharps Bin' if available, or hand over to Ambulance staff.
- ◆ Record all medication given with date and time of administration.

Awareness

The headteacher will arrange for the teachers and other staff in the school to be briefed about his/her condition and about other arrangements contained in this document.

The school staff will take all reasonable steps to ensure that _____ does not eat any food items unless they have been prepared/approved by his/her parents.

_____ parents will remind their child regularly of the need to refuse any food items which might be offered to them by other pupils.

In particular, _____ parents will provide for him/her the following food items:

--

Medication/Staff training

The school will hold, under secure conditions, appropriate medication, clearly marked for use by designated staff or qualified personnel and showing an expiry date.

It is the parents' responsibility to ensure the school has appropriate up-to-date medication.

The following volunteers from the school have undertaken to administer the medication. A training session was attended by:

Name _____	Date/s _____
Name _____	Date/s _____

Further advice is available to school staff at any point in the future where they feel the need for assistance. The medical training will be repeated _____.

If there are proposals which mean that he/she may leave the school site, prior discussions will be held between the school and his/her parents to agree appropriate provision and safe handling of his/her medication.

STAFF INDEMNITY

The County Council provides a staff indemnity for any school staff (of those schools buying into Surrey County Council Insurance) who agree to administer medication to a child given the full agreement of the parents and the school.